OLSON MASK PATTERN

Created by: Clayton Skousen & Rose Hedges

VERSION 1 || 03/23/20

Materials Needed

- Cotton Weave Fabric (~½ yard is enough to make 2-3 masks)
- All-Purpose Thread
- Hair Ties (2)*
- Scissors
- Doubled-Sided Skin Adhesive*

* Hair ties and double sided tape will be applied at the hospital, to allow for different sizes to be made.

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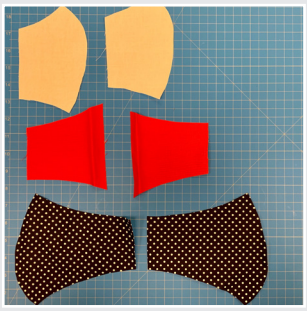
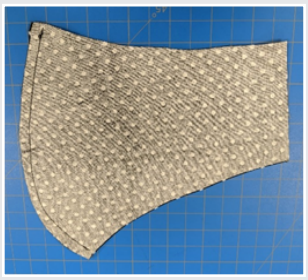
UnityPoint Health



1. Using the patterns, cut one of each shape.

   You will need six (6) total pieces.

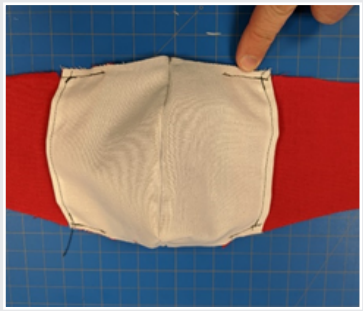


2. Sew **face 1** and **face 2 together** along side 3.

3. Sew **mouth 1** and **mouth 2 together** along side 3.

4. On **mouth 1** and **mouth 2** sew fold **side 5** over ¼ inch and sew down.

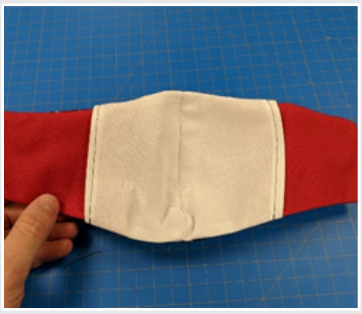
5. On **cheek 1** and **cheek 2** fold side **6 over** ¼ inch and sew down.



6. Match **cheek 1** and **mouth 1** at the dotted line (7). Sew a 1-inch tack at **side 1** and **side 2** where the two pieces overlap.

7. Repeat Step 6 for **cheek 2** and **mouth 2.**

8. With the fronts of the fabric facing each other, sew along the entire perimeter of the mask.



9. Use one of the slits between the mouth and the cheek to turn the mask right-side out.

DO NOT do step 10 or 11 if making this for a health facility.

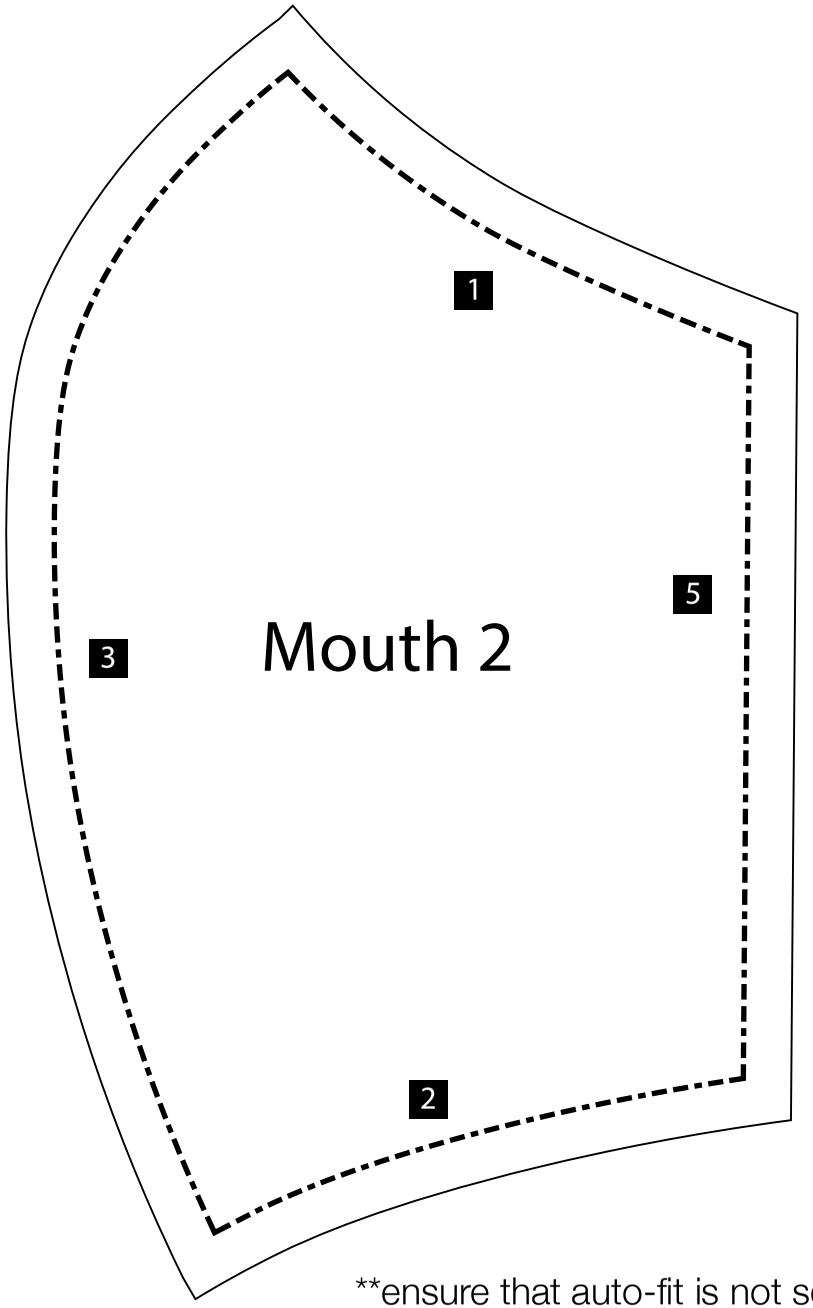
10. Add a hair tie to each side by folding the fabric on the end of the mask over the tie and sew down.

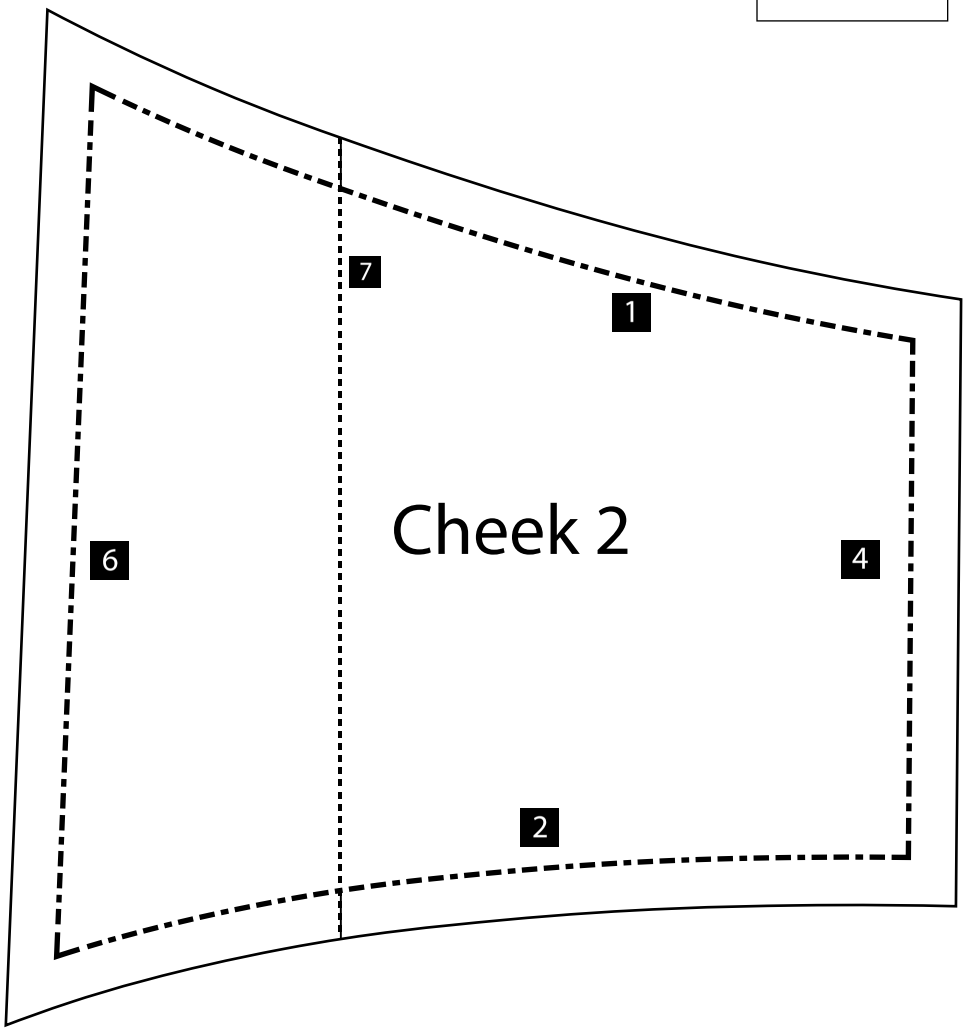
11. Apply double-sided skin tape around the contour of the mask to create the required seal.

Pattern | MOUTH & CHEEK

1” x 1”

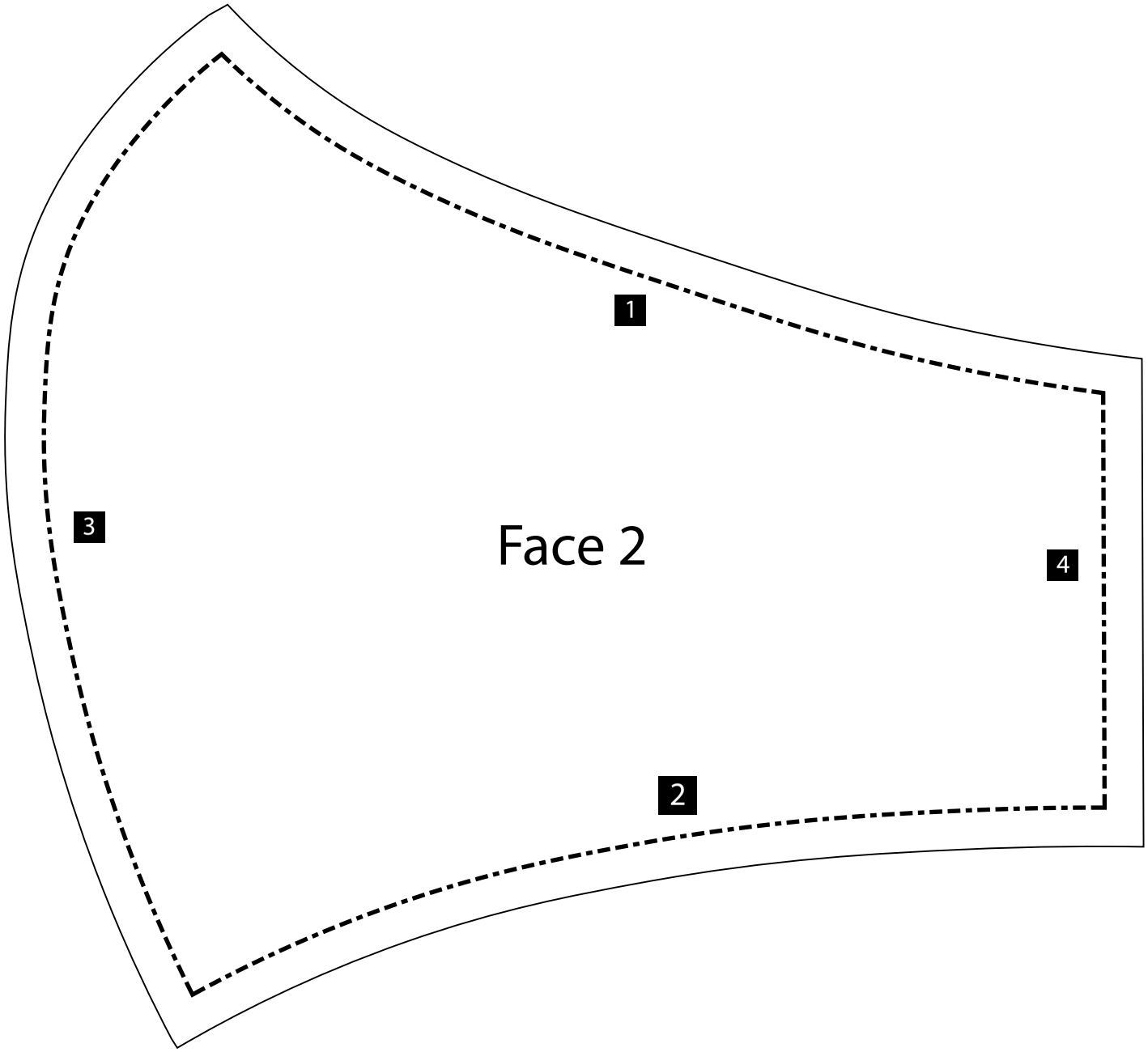
Test Square





**ensure that auto-fit is not selected when printing to ensure pattern measurements are not altered

Pattern | FACE

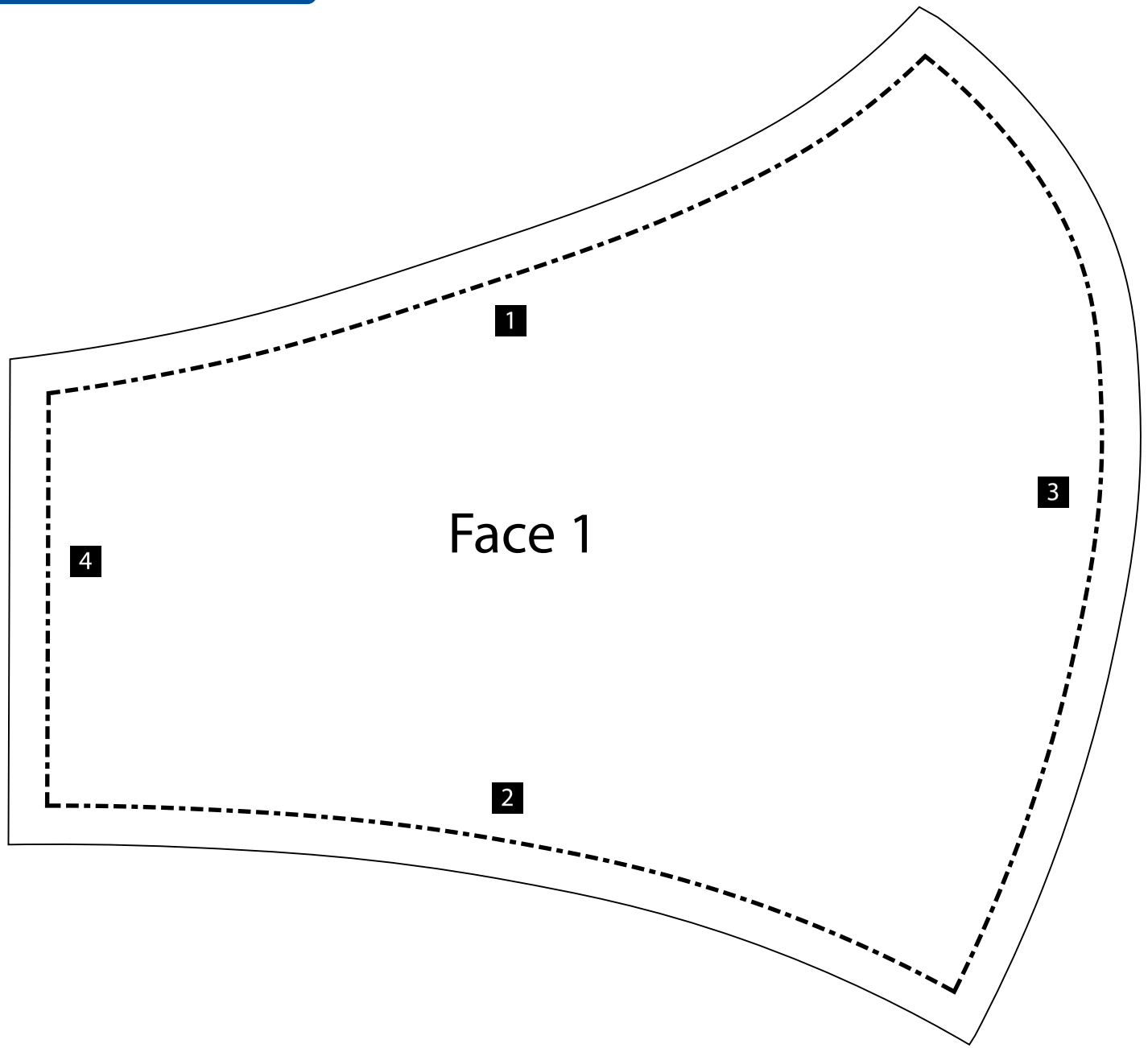


1” x 1”

Test Square

**ensure that auto-fit is not selected when printing to ensure pattern measurements are not altered

Pattern | FACE



1” x 1”

Test Square

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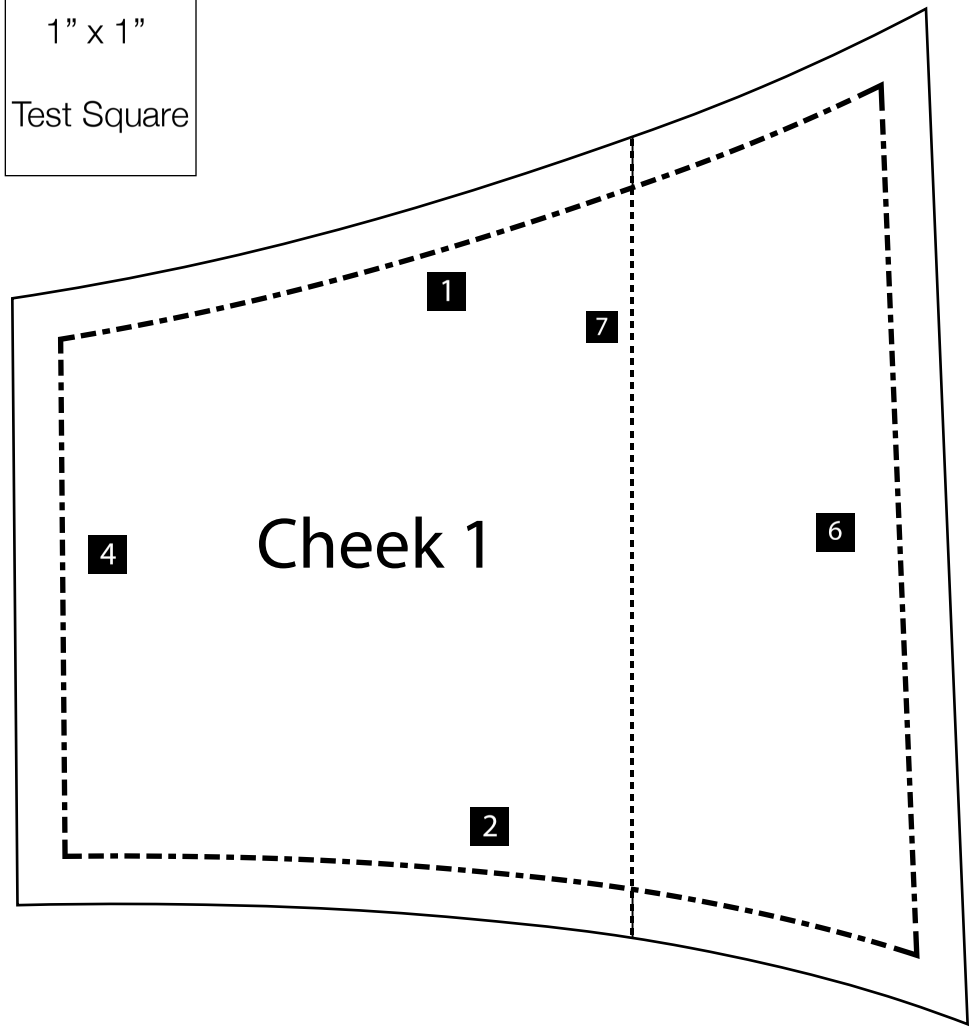
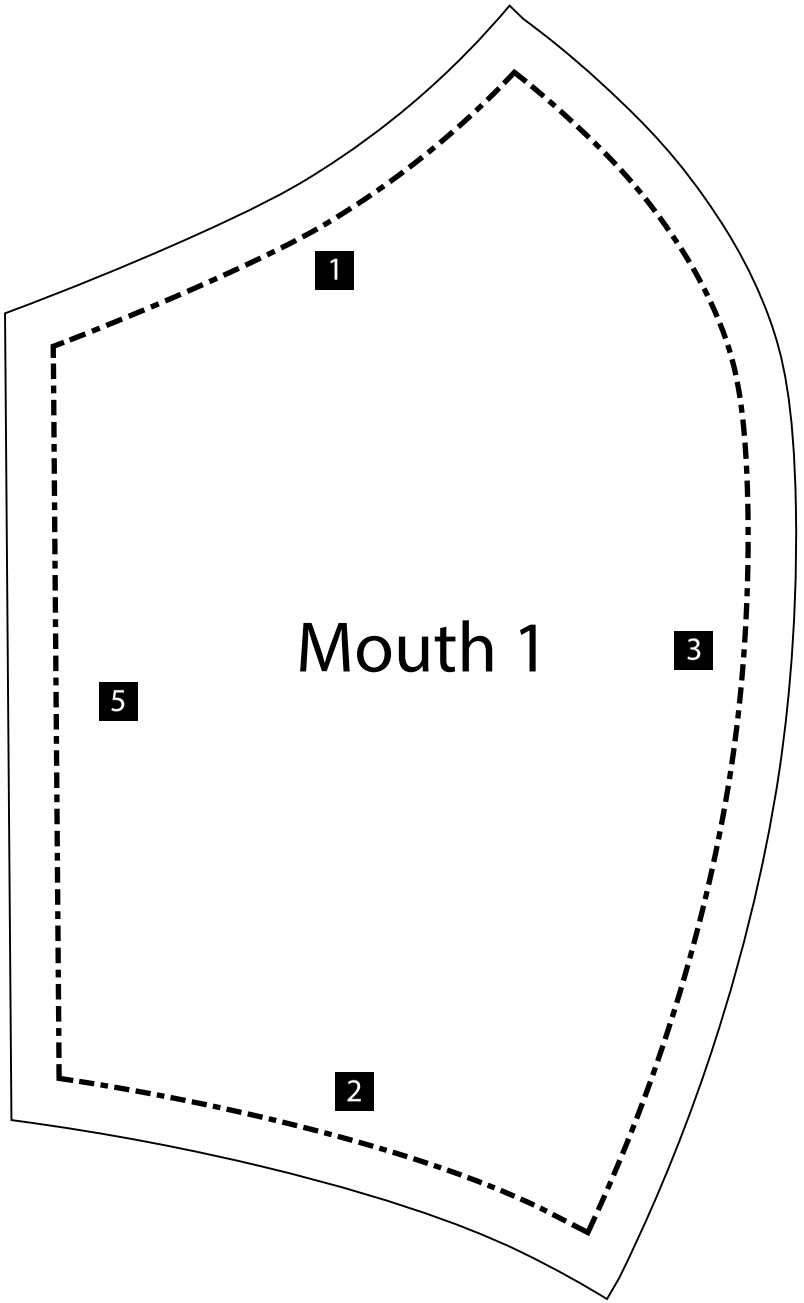
Pattern | MOUTH & CHEEK

1” x 1”

Test Square





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